

# OCTOBER | 2019



## Headstart Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>30</b></p> <p>Apple Frudel 100% Fruit Juice 1% White Milk</p>	<p><b>1</b></p> <p>Poptart Pastry 100% Fruit Juice 1% White Milk</p>	<p><b>2</b></p> <p>Pillsbury Pancakes 100% Fruit Juice 1% White Milk</p>	<p><b>3</b></p> <p>Cocoa Puffs Cereal 100% Fruit Juice 1% White Milk</p>	<p><b>4</b></p>
<p><b>7</b></p> <p>Chocolate Muffin 100% Fruit Juice 1% White Milk</p>	<p><b>8</b></p> <p>Frosted Flakes Cereal 100% Fruit Juice 1% White Milk</p>	<p><b>9</b></p> <p>Sausage Biscuit 100% Fruit Juice 1% White Milk</p>	<p><b>10</b></p> <p>No School</p>	<p><b>11</b></p> <p>Fall Break</p>
<p><b>14</b></p> <p>Lucky Charms Cereal 100% Fruit Juice 1% White Milk</p>	<p><b>15</b></p> <p>Pillsbury Waffles 100% Fruit Juice 1% White Milk</p>	<p><b>16</b></p> <p>Blueberry Muffin 100% Fruit Juice 1% White Milk</p>	<p><b>17</b></p> <p>Bacon, Egg, Cheese Biscuit 100% Fruit Juice 1% White Milk</p>	<p><b>18</b></p>
<p><b>21</b></p> <p>Cinnamon Bun 100% Fruit Juice 1% White Milk</p>	<p><b>22</b></p> <p>Sausage Biscuit 100% Fruit Juice 1% White Milk</p>	<p><b>23</b></p> <p>Cinnamon Toast Crunch Cereal 100% Fruit Juice 1% White Milk</p>	<p><b>24</b></p> <p>Chocolate Donuts 100% Fruit Juice 1% White Milk</p>	<p><b>25</b></p>
<p><b>28</b></p> <p>Apple Frudel 100% Fruit Juice 1% White Milk</p>	<p><b>29</b></p> <p>Poptart Pastry 100% Fruit Juice 1% White Milk</p>	<p><b>30</b></p> <p>Pillsbury Pancakes 100% Fruit Juice 1% White Milk</p>	<p><b>31</b></p> <p>Cocoa Puffs Cereal 100% Fruit Juice 1% White Milk</p>	<p><b>1</b></p>

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